

Formal College Approved Activity (FCAA) – Local

List of Accredited Passive Academic/Professional Meetings / Workshops

Name of Activity	Credits	Rehab Credits
AADO Annual Congress/Workshop	8-A	3
Academic Professional Development Meeting	2-A	1
AHNNH – PWH Combined Hand Grand Round	1-A	1
AO Courses: Basic / Advanced / Spine / Hand	8-A	3
APOS & HKSH & UH Orthopaedic Clinical Meeting - Teleconference between HKSH / APOS / UH	2-A	1
Combined Meetings of DKCH & QMH	2-A	1
Combined Meetings of Kowloon West Hospitals	2-A	1
Combined Meetings of NDH & TMH	2-A	1
Combined Meetings of PWH & AHNNH	1-A	
Combined Meetings of TKOH & UCH	2-A	1
CUHK-AADO Comprehensive Bioskill Course on Fracture Fixation	8-A	3
CUHK-Microsurgery Basic Course	10-A	5
HKCOS Annual Rehabilitation Symposium	8-A	8
HKCOS Specialty Day	4-A	2 (4 if on rehab)
HKOAA Annual Congress	15-A	10
HKOAA Scientific Workshops or Meetings	5-A	2 (5 if on rehab)
HKOAA Sports Medicine Chapter Trimonthly Meetings	2-A	
HKSSH Annual Congress	8-A	3
HKSSH Certificate Courses in Hand & Upper Limb Surgery	2-A / module 12-A / 6 modules	1/ module 6/ 6 modules
HKU International Musculoskeletal Tumour Course	8-A	3
Hong Kong Association of Sports Medicine & Sports Sciences Annual Workshop or Meeting	5-A	2
Hong Kong International Orthopaedic Forum	8-A	3
Inter-hospital Saturday Meeting	2-A	1 (2 if on rehab)
Musculoskeletal Tumor Board Combined Meeting of GHHK, QMH and HKSH	2-A	
NTWC Refresher Course	2-A	1
Regular Academic/Professional Meetings of the Association of Private Orthopaedic Surgeons	2-A	1

List of Accredited Passive Open Lectures

Name of Activity	#Credits	Rehab Credits
Invited speakers by HKOA & HKCOS	1-A	1
Open lecture given by External Examiners of the Universities and the Hong Kong College of Orthopaedic Surgeons	1-A	1
Visiting Lecture by HKU - MB Lee Lecture; SC Fong Lecture; Harry Fang Lecture; Tam Sai Kit Lecture; Yang Hsueh Chi Lecture; The A.R. Hodgson Visiting Professor Lecture	1-A	1
Wu Jieh Yee Lecture (CUHK)	1-A	1

unless specified

List of Accredited Active Activities

Further to CME/CPD Fellow's Guides item 5.6 Active Participation:

Organizer	Quality Assurance and Mortality & Morbidity Meeting	Clinical/Surgical Review or Audit Meeting	Discharge Meeting	Pre-operative Meeting	X-ray Meeting	Mini-CPC
AHNNH	✓	✓		✓	✓	
CMC			✓	✓	✓	✓
KWH			✓	✓	✓	
NDH			✓	✓	✓	
PMH			✓	✓	✓	✓
PWH					✓	
PYNEH					✓	✓
QEH			✓	✓	✓	✓
QMH			✓	✓	✓	✓
TKOH			✓	✓	✓	✓
TMH			✓		✓	
UCH			✓		✓	
YCH			✓	✓	✓	
HKSH / APOS / UH	✓	✓				

**** Should be submitted with detailed meeting report ****

- Sharing the same principles as for Presenting in a FCAA, the lecturer/tutor in HKCOS Mandatory Courses for Trainees/HKU Basic Sciences & Anatomy Course for FRCSED (ORTHO)/FHKCOS Examination would be granted with 1 Cat A active point for teaching less than 15 minutes; 2 Cat A active points for more than 15 minutes; and maximum 3 Cat A active points for more than 30 minutes.

For table instructor, 1 Cat A active point would be granted for a half day workshop and 2 Cat A active points would be granted for a full day workshop.

- Tutors of Beijing Jishuitan Hospital Clinical Tutorial will be awarded with 3 Cat A active points for half day teaching and 6 Cat A active points for a full day teaching.
- Tutors of Preparatory Course for HKCOS Exit Examination will be awarded with 3 Cat A active points for half day teaching or more.
- For Instructor in Hands-on Workshop, 1 Cat A active point for half day instructing and 2 Cat A active points for full day instructing. Maximum 3 Cat A active points could be claimed in one single event. Sharing same principle, maximum 3 active points is also applicable to the event type like conference/meeting/workshop/seminar/symposium. (with effective date since 26 July 2013 upon College's receipt date)
- For Setting Examination Questions, every 3 or 5 questions accepted by the HKCOS Examination Committee and Hong Kong Intercollegiate Board of Surgical Colleges Membership Examination would be equivalent to 1 or 2 Cat A active point(s) respectively. This rule is apply to MCQ.

Formal College Approved Activity (FCAA) - Overseas

Name of Activity	Organizer	Credits	Rehab Credits
Arthroscopy Association of North America Master's Experience Course	AANA	8-A	4
American Academy of Orthopaedic Surgeons Annual Meeting	AAOS	15-A	10
Annual American Academy of Orthopaedic Surgeons Workers' Compensation and Musculoskeletal Injuries	AAOS	8-A	8
AO Course-Davos	AO	8-A	4
AO Specialty Course- Davos	AO	8-A	4
American Orthopaedic Association Meeting	AOA	8-A	4
ASEAN Orthopaedic Association Meeting	AOA	8-A	4
Australian Orthopaedic Association Annual Scientific Meeting	AOA	8-A	4
Asia Pacific Orthopaedic Association Main Congress	APOA	8-A	4
Asia Pacific Orthopaedic Association Sectional Meeting	APOA	8-A	4 (8 if on rehab)
Combined Meeting of Asia Pacific Spine Society and Asia Pacific Paediatric Orthopaedic Society	APSS-APPOS	8-A	4
Annual Educational Conference & Expo Academy of Spinal Cord Injury Professionals	ASCIP	8-A	8
American Spinal injury Association Annual Meeting	ASIA	8-A	8
Annual Meeting of American Society for Surgery of the Hand	ASSH	8-A	4
British Orthopaedic Association Annual Congress	BOA	8-A	4
Chinese Association of Orthopaedic Surgeons Annual Congress	CAOS	15-A	10
Annual Current Concepts in Joint Replacement – Spring / Winter Meeting	CCI	8-A	4
Canadian Orthopaedic Association Annual Congress	COA	8-A	4
Chinese Orthopaedic Association Annual Meeting	COA	15-A	10
Chinese Speaking Orthopaedics Society Scientific Congress	CSOS	8-A	4
Annual Congress of Federation of European Societies for Surgery of the Hand	FESSH	8-A	4
Fragility Fracture Network Global Congress	FFN	8-A	8
International Federation of Sports Medicine & Asian Federation of Sports Medicine	FIMS/AFSM	8-A	4
IFSSH & APFSSH Congress	IFSSH/APFSSH	8-A	4
International Meeting on Advanced Spine Techniques, organised by SRS	IMAST	8-A	4
The International Osteoporosis Foundation (IOF) Regionals Asia-Pacific Osteoporosis Meeting	IOF	8-A	8
ISAKOS Annual Congress	ISAKOS	8-A	4
General Meeting of the International Society of Limb Salvage Meeting	ISOLS	8-A	4
World Congress of the International Society of Physical & Rehabilitation Medicine	ISPRM	8-A	8
The International Society for the Study of the Lumbar Spine	ISSLS	8-A	4
Japanese Orthopaedic Association Annual Congress	JOA	8-A	4
Annual Meeting of Japanese Society for Surgery of the Hand	JSSH	8-A	4
New Zealand Orthopaedic Association Annual Congress	NOA	8-A	4
The Orthopaedic Trauma Association Annual Meeting	OTA	8-A	4
Paediatric Orthopaedic Society of North America Annual Meeting	POSNA	8-A	4
SICOT Main Congress	SICOT	8-A	4
Scoliosis Research Society Annual General Meeting	SRS	8-A	4
World Congress of World Society for Reconstructive Microsurgery	WSRM	8-A	4

Non-Formal College Approved Activity (Non-FCAA)

Other activities not listed in the FCAA lists above might also be accredited with CME/CPD points upon individual applications. The application details please refer to the application forms for CME/CPD accreditation. Detailed list of activity please refer to the updated list of Accredited CME/CPD Activities on HKCOS web site by this link: <http://www.hkcoss.org.hk/CME-activities.asp>.

Application for CME/CPD Accreditation

All Non-FCAA and the below listed active participations are required to submit written applications to the HKCOS CME/CPD Committee:

	Written Application
Non-FCAA	✓ (with program details)
Presenting/Chairing in FCAA	✓ (with summary content or collection/analysis of data)
Journal Study of Self Learning	✓ (with at least 100 words written comment and copy of abstract/summary of article)
Mortality and Morbidity Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Discharge Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Pre-operative Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
X-ray Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Mini-CPC	✓ (with written report and attendance record of a minimum of 4 Fellows)
Interactive Workshop	✓ (with program details)
Clinical Attachment	✓ (with written summary report submitted after the attachment)

Application forms may be obtained from the HKCOS website:
<http://www.hkcoss.org.hk/Forms.asp>.

List of Accredited Journals

(Tier 1)

- 1) Annals of Rheumatic Disease
- 2) Arthritis & Rheumatology
- 3) BMJ Journals
- 4) Bone and Joint Journal
- 5) Bone Research
- 6) Cell
- 7) Clinical Orthopaedics and related research
- 8) JAMA network journals
- 9) Journal of Bone and Joint Surgery – American Volume
- 10) Journal of Clinical Investigation
- 11) Journal of Clinical Oncology
- 12) Lancet journals
- 13) Nature portfolio journals
- 14) New England Journal of Medicine
- 15) Proceedings of the National Academy of Sciences of the United states of America (PNAS)
- 16) Radiology
- 17) Science
- 18) Theranostics

(Tier 2)

- 1) Acta Orthopaedica
- 2) American Journal of Occupational Therapy
- 3) American journal of sports medicine
- 4) Archives of Orthopaedic and Trauma Surgery
- 5) Archives of osteoporosis
- 6) Archives of Physical Medicine and Rehabilitation
- 7) Arthritis Care and Research
- 8) Arthritis Research & Therapy
- 9) Arthroplasty
- 10) Arthroscopy – The journal of arthroscopic and related surgery
- 11) Asian Spine Journal
- 12) BMC Musculoskeletal Disorders
- 13) BMC Sports Science, Medicine & Rehabilitation
- 14) Bone
- 15) Bone & Joint Open
- 16) Bone and Joint Research
- 17) Brazilian journal of physical therapy
- 18) British Journal of Plastic Surgery
- 19) British Journal of Sports Medicine
- 20) Cartilage
- 21) Chinese Medical Journal
- 22) Clinical Journal of Sport Medicine
- 23) Clinical Rehabilitation
- 24) Clinical Rheumatology
- 25) Connective Tissue Research
- 26) Current Opinion in Rheumatology

- 27) Current Reviews in Musculoskeletal Medicine
- 28) EFORT open reviews
- 29) European cells & materials
- 30) European Spine Journal
- 31) Foot & Ankle International
- 32) Frontiers Journals
- 33) Gait & Posture
- 34) Global Spine Journal
- 35) Hong Kong Medical Journal
- 36) IEEE journals
- 37) Injury
- 38) International Orthopaedics
- 39) JBJS Open Access
- 40) JOR spine
- 41) Journal of arthroplasty
- 42) Journal of Biomechanics
- 43) Journal of Bone and Mineral Research
- 44) Journal of Clinical Rheumatology
- 45) Journal of Experimental Orthopaedics
- 46) Journal of Foot and Ankle Research
- 47) Journal of Hand Surgery - American Volume
- 48) Journal of Hand Surgery - European Volume
- 49) Journal of Hand Therapy
- 50) Journal of ISAKOS Joint Disorders & Orthopaedic Sports Medicine
- 51) Journal of Musculoskeletal Research
- 52) Journal of Orthopaedic and Sports physical therapy
- 53) Journal of Orthopaedic Research
- 54) Journal of Orthopaedic Surgery and Research
- 55) Journal of Orthopaedic Translation
- 56) Journal of Orthopaedics and Traumatology
- 57) Journal of Physiotherapy
- 58) Journal of Rehabilitation Medicine
- 59) Journal of Science and Medicine in Sport
- 60) Journal of Shoulder and Elbow Surgery
- 61) Journal of the American Academy of Orthopaedic Surgeons
- 62) Journal of the American Academy of Orthopaedic Surgeons Global Research and Reviews
- 63) Journal of Trauma and Acute Care Surgery
- 64) Knee Surgery and Related Research
- 65) Knee surgery sports traumatology arthroscopy
- 66) Medicine
- 67) Medicine & Science in Sports & Exercise
- 68) Orthopaedic Journal of Sports Medicine
- 69) Orthopaedics & Traumatology - Surgery & Research
- 70) Osteoarthritis and Cartilage
- 71) Osteoporosis and Sarcopenia
- 72) Osteoporosis International
- 73) Paraplegia
- 74) Physical therapy
- 75) PLoS One

- 76) Rheumatic Diseases Clinics of North America
- 77) Rheumatology
- 78) Rheumatology International
- 79) Scientific Reports
- 80) Seminars in Arthritis and Rheumatism
- 81) Spine
- 82) Spine Journal
- 83) Sports Medicine
- 84) Therapeutic Advances in Musculoskeletal Disease
- 85) Topics in Spinal Cord Injury and Rehabilitation
- 86) World Journal of Orthopedics

(Tier 3)

- 1) Acta Chirurgiae Orthopaedicae et Traumatologiae Cechoslovaca
- 2) Acta Orthopaedic Belgica
- 3) Acta Orthopaedica et Traumatologica Turcica
- 4) Acta Orthopedica Brasileira
- 5) Advances in Orthopedics
- 6) Annals of Joint
- 7) Archives of Bone and Joint Surgery-ABJS
- 8) Arthroplasty Today
- 9) Arthroscopy Techniques
- 10) Asian Journal of Endoscopic Surgery
- 11) Asia-Pacific Journal of Sport Medicine Arthroscopy Rehabilitation and Technology
- 12) Bulletin of the Hospital for Joint Diseases
- 13) Case Reports in Orthopedics
- 14) Chinese Journal of Traumatology
- 15) Clinical Biomechanics
- 16) Clinical Medicine Insights - Arthritis and Musculoskeletal Disorders
- 17) Clinical Spine Surgery
- 18) Clinics in Orthopedic Surgery
- 19) Clinics in Podiatric Medicine and Surgery
- 20) Clinics in Shoulder and Elbow
- 21) Clinics in Sports Medicine
- 22) Current Orthopaedic Practice
- 23) European Journal of Orthopaedic Surgery and Traumatology
- 24) Foot & Ankle Specialist
- 25) Foot and Ankle Clinics
- 26) Foot and Ankle International
- 27) Foot and Ankle Surgery
- 28) Geriatric Orthopaedic Surgery & Rehabilitation
- 29) Hand Clinics
- 30) Hand Surgery
- 31) Hand Surgery & Rehabilitation
- 32) Hand-American Association for Hand Surgery
- 33) Hip International
- 34) HSS Journal
- 35) Indian Journal of Orthopaedics
- 36) International Journal of Surgery Open

- 37) Isokinetics and Exercise Science
- 38) Joint Diseases and Related Surgery
- 39) Journal of Back and Musculoskeletal Rehabilitation
- 40) Journal of Bone and Joint Infection
- 41) Journal of Children's Orthopaedics
- 42) Journal of Clinical Neuromuscular Disease
- 43) Journal of Electromyography and Kinesiology
- 44) Journal of Foot & Ankle Surgery
- 45) Journal of Hip Preservation Surgery
- 46) Journal of Knee Surgery
- 47) Journal of Orthopaedic Science
- 48) Journal of Orthopaedic Surgery
- 49) Journal of Orthopaedic Trauma
- 50) Journal of Orthopaedics
- 51) Journal of Orthopaedics Trauma and Rehabilitation
- 52) Journal of Osteoporosis
- 53) Journal of Pediatric Orthopaedics
- 54) Journal of Pediatric Orthopaedics - Part B
- 55) Journal of Plastic Surgery and Hand Surgery
- 56) Journal of Prosthetics and orthotics
- 57) Journal of Sport Rehabilitation
- 58) Journal of Sports Medicine and Physical Fitness
- 59) Journal of Sports Sciences
- 60) Journal of the American Podiatric Medical Association
- 61) Journal of Wrist Surgery
- 62) Knee
- 63) Malaysian Orthopaedic Journal
- 64) Microsurgery
- 65) Minerva Orthopedics
- 66) MLTJ-Muscles Ligaments and Tendons Journal
- 67) Musculoskeletal Care
- 68) Neuromuscular Disorders
- 69) Obere Extremitaet-Schulter-Ellenbogen-Hand-Upper Extremitiy-Shoulder Elbow Hand
- 70) Operative Orthopadie und Traumatologie
- 71) Orthopaedic Clinics of North America
- 72) Orthopaedic Nursing
- 73) Orthopaedic Surgery
- 74) Orthopaedie
- 75) Orthopedic Clinics of North America
- 76) Orthopedic Research and Reviews
- 77) Orthopedic Reviews
- 78) Orthopedics
- 79) Physician and Sports Medicine
- 80) Prosthetics and Orthotics International
- 81) Scandinavian Journal of Medicine & Science in Sports
- 82) Scandinavian Journal of Rheumatology
- 83) Shoulder & Elbow
- 84) SICOT-J
- 85) Skeletal Radiology

- 86) Spinal Cord
- 87) Spine Deformity
- 88) Sports Medicine and Arthroscopy Review
- 89) Sportsverletzung-Sportschaden
- 90) Strategies in Trauma and Limb Reconstruction
- 91) The Surgeon
- 92) Zeitschrift für Orthopädie und Unfallchirurgie

(The CME/CPD Committee will review the list periodically to include other relevant Journals. Submission of Other related Orthopaedic Journals could be considered subject to discretion by the CME/CPD Committee.)